

ISOLATERAL LEG EXTENSION

JPL-126

◆ Enhance your quad development with our Isolateral Leg Extension Machine. This machine features independent weight horns, allowing users to isolate and target each leg separately. Its isolateral design ensures balanced muscle development and reduces strength imbalances between legs. With adjustable seat and backrest settings, users can customize their position for optimal biomechanical alignment.

◆ **DIMENSION:**
Length : 52 inches / 132 cms
Width : 64 inches / 163 cms
Height : 49 inches / 124 cms

◆ **MUSCLE WORKED:**
Vastus Lateralis
Rectus Femoris
Vastus Intermedialis

